Health Savings Account (HSA)

IRS Regulations

The IRS sets the maximum dollar amount you can elect and contribute to a health savings account (HSA).

Please note: If you're 55 years of age or older, you are eligible to make an annual catch-up contribution, which lets you contribute on top of the annual contribution limits. To determine your contribution, we recommend setting a goal on what you plan to use your HSA for. Keep in mind you're not locked in to that decision and can change your contribution amount at any time.

Spend on healthcare expenses

Review how much you spent last year on eligible healthcare expenses to determine your election.

Save for future healthcare expenses

How much is your high-deductible health plan (HDHP) deductible? That would be a great place to start!

Invest for retirement

Determine how much retirement-planning money you can set aside from your paycheck, pre-tax. Set your contribution and forget it, just like you would with a 401(k), Roth IRA, etc.

Hybrid

Elect and save enough money to cover your HDHP deductible, should you need it, by setting your investment threshold to mirror your deductible amount. Invest any contributions above to build your retirement nest egg.

HSA IRS regulations

Save on taxes 3 ways

The HSA is unique because it allows you to save on taxes in three ways. The money you contribute, your earnings from investments and withdrawals for eligible expenses are all tax-free, making it a powerful savings and retirement tool.

Fund availability and changing your election

HSA funds are available to spend, save or invest after they've been deducted from your paycheck and contributed to your HSA. You can adjust your payroll deductions or contributions at any time, no questions asked.

Privately owned savings

The HSA is your privately owned savings account. Funds roll over year to year. And if you change employers, your HSA stays with you. There is also no requirement to submit receipts or substantiation for your qualified purchases.

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