## **Guide to Limited FSAs**



A Limited Medical Flexible Spending Account (Limited FSA) allows you to purchase eligible out-of-pocket dental, vision and/or preventive care expenses with pre-tax dollars. You save money because you don't pay taxes on the money you set aside. It's a great perk from your employer and it will save you money.

Limited Medical FSA Eligible Expenses					
	Dental		Vision		Preventive
•	Dental treatment	•	Vision correction procedures (e.g. Lasik)	•	Annual physicals
•	Dental co-insurance/co-pays/deductible	•	Eye exams	•	Screenings (e.g. Lifeline)
•	Cleanings	•	Prescription glasses and sunglasses	•	Tobacco cessation programs (with Rx)
•	Fillings	•	Contact lenses	•	Some weight loss programs (with Medical Necessity Form)
•	Crowns	•	Contact solutions/cleaning products	•	Immunizations
•	Orthodontics	•	Vision screenings	•	Birth control (with Rx)
•	Dentures	•	Refractions	•	Flu shots
•	Denture adhesive and cleaners	•	Eye drops	•	Well child/prenatal visits

<sup>\*</sup>Preventative care generally does not include any service or benefit intended to treat an existing illness, injury or condition.

## **Ineligible Expenses**

- Medical co-insurance/co-pays/deductible
- Medical expenses
- Mental health expenses
- Chiropractic expenses
- Cosmetic services

- Most over-the-counter drugs
- Prescription co-insurance/co-pays
- Toothbrushes
- Insurance premiums

